

PROTECTIVE EQUIPMENT

SAFETY INSTRUCTION CARD JUNE



PERSONAL PROTECTIVE EQUIPMENT (PPE)

A personal protective equipment (PPE) should be worn while working to protect you from risks that may threaten your safety or health. It is important to use your PPE correctly.

✓ At Het Poetsbureau, there are 2 types of PPE: **safety shoes and gloves**.



HOUSEHOLD GLOVES

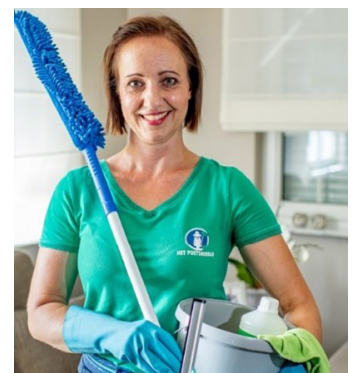
✓ **Household gloves protect your hands from hot water**, cleaning agents, rough surfaces and bacteria.

- ✓ There are **2 types** of gloves available: the **disposable** nitrile gloves and the **reusable** gloves.
- The disposable nitrile gloves is only for colleagues with **latex allergy**. Are you allergic to the regular gloves? Then bring a **medical certificate** to your office. Your office will take this up with our prevention department.
 - **The reusable gloves** are meant **for all the other workers, without allergy to latex**.

✓ **Wear gloves** when working where your **hands** can get **wet, dirty or damaged**, especially recommended while cleaning unhygienic surfaces such as toilets.

✓ Sitting with your hands in water for long periods of time can cause irritation. Again, wearing gloves can help.

- ✓ Wearing gloves is not mandatory. However, proper hand hygiene is necessary:
- Wash your hands correctly and regularly.
 - Avoid touching your face with your hands. Wearing gloves does make it easier to avoid touching your face.
 - Gloves should also be disinfected.



⚠ Broken or worn household gloves should be replaced immediately.



SAFETY SHOES

✓ Wearing safety shoes:

- Prevents slipping
- Protects against bumps
- Reinforces the ankle against tipping

! So always wear your work shoes (or adapted footwear with non-slip soles) in an environment where you may fall, slip and on slippery and wet floors.

THE USAGE

- Close the footwear properly, use the laces.
- Make sure you have a good fit. Shoes that are too big or too small cause problems.
- Preferably wear socks made of polyester or wool.
- Your safety shoes are intended for indoor use. Soiled soles (from outdoor use) can cause damage. Make sure your soles are always clean when entering the home.



THE MAINTENANCE

- Polish your shoes regularly.
- Remove the soles from the shoes and allow both the soles and the shoes to dry and air in a well-ventilated area. Make sure shoes are thoroughly dry before putting them back on.
- Did your shoes get very wet? Then insert newspaper into the shoes to help dry the insides.
- Never place your shoes too close to a heating appliance.
- Store your shoes in a clean, dry and cool environment.

⚠ Please note that the safety shoes **do not have a safety nose** that protects against falling objects! The shoe is **reinforced at the front**, which protects against bumps and knocks.

⚠ **Damaged shoes do not provide optimal protection.** Check them regularly and replace them if necessary. You can always come to your office for this.

⚠ **Never wear flip flops.**

